

# EPHESUS RESTAURANT

*Ephesus Restaurant is pleased to offer you the traditional tastes of Turkish Cuisine which is one of the most famous in the world.*

*All our ingredients are selected and prepared with great care. 'Ephesus Restaurant' provides simple yet healthy food, in a relaxed atmosphere with excellent service.*

*We hope you enjoy your time with us.  
Thank you!*



*Ephesus was an ancient Greek city, and later a major Roman city, on the west coast of Asia Minor, near present-day Selçuk, Izmir Province, Turkey. It was one of the twelve cities of the Ionian League during the Classical Greek era. In the Roman period, Ephesus had a population of more than 250,000 in the 1st century BC, which also made it one of the largest cities in the Mediterranean world.*

*The city was famed for the Temple of Artemis (completed around 550 BC), one of the Seven Wonders of the Ancient World.*

*Emperor Constantine I rebuilt much of the city and erected new public baths. Following the Edict of Thessalonica from emperor Theodosius I, the temple was destroyed in 401 AD by a mob led by St. John Chrysostom. The town was partially destroyed by an earthquake in 614 AD.*

## **FOOD ALLERGIES & INTOLERANCES**

**BEFORE PLACING YOUR ORDER PLEASE  
INFORM YOUR SERVER IF ANYONE IN  
YOUR PARTY HAS A FOOD ALLERGY.**

This restaurant offers products with, peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimise the risk of cross contamination we cannot guarantee that any of our products are safe to consume for people with allergies.

# Starters/Mezes

All starters are served with salad and homemade bread.

## Cold Starters

<b>Humus (V)</b>	<b>£5.95</b>
Puree of chick peas, tahini, lemon, parsley, jalapeno, yoghurt, coriander and garlic.	
<b>Cacik (V)</b>	<b>£5.95</b>
Creamy yoghurt, parsley, cucumber, mint and garlic.	
<b>Vine Leaves (V)</b>	<b>£6.50</b>
Stuffed vine leaves.	
<b>Prawn Cocktail</b>	<b>£6.95</b>
Prawns served with salad and seafood sauce	
<b>Feta Cheese and Mixed Olives (V)</b>	<b>£6.50</b>
Marinated olives and cubes of feta cheese	
<b>Saksuka (V)</b>	<b>£6.50</b>
Marinated mediterranean vegetables with tomato and garlic sauce with Turkish herbs.	
<b>Aubergine Salad (V)</b>	<b>£6.50</b>
Oven roasted peppers and aubergine with spring onion and olive oil dressing.	
<b>Spicy Ezme (V)</b>	<b>£5.95</b>
Spicy homemade salsa dip Turkish style.	
<b>Turkish Salad (V)</b>	<b>£6.50</b>
Fresh tomato, cucumber, onion, parsley, Turkish green peppers, olives and feta cheese.	
<b>Green Beans (V)</b>	<b>£6.50</b>
Fresh green beans with tomato sauce, onion and peppers.	
<b>Seafood Salad</b>	<b>£6.95</b>
Mixed selection of fish with lemon dressing.	
<b>Smoked Salmon and Prawn Salad</b>	<b>£6.95</b>

## *Hot Starters*

- Hallumi Cheese (V)** £6.95  
Fresh goats cheese grilled and served with homemade bread.
- Calamari** £6.95  
Deep fried squid rings with tartar sauce and a lemon salad.
- Cheesy Peppers (V)** £6.95  
Deep fried jalapeno peppers, cacik and salad.
- Falafel (V)** £6.50  
Chickpeas rissoles served with humus.
- Nachos (V)** £6.50  
Tortilla chips with melted cheese, salsa, jalapeno peppers and cacik.
- Cheese Rolls (V)** £6.50  
Feta cheese, parsley and spinach with filo pastry
- Muska Boregi** £6.50  
Golden filo pastry parcels filled with hot minced lamb and herbs.
- Chilli King Prawns** £7.95  
King prawns with mushroom, onions and chilli peppers.
- Sucuk (Beef Pepperoni)** £6.95  
Grilled Turkish garlic pepperoni with mushroom, onions and peppers.
- Meatballs** £6.95  
Spicy lamb meatballs in a tomato sauce with carrots, potatoes, Turkish herbs, peppers and aubergine.
- Deep Fried Mozzarella Cheese (V)** £6.95  
Served with rocket salad and tomato and basil sauce.
- Ephesus Sharing Platters.  
(Not included in Ephesus 2 Course deal)**  
All served with salad and homemade bread.
- Spicy Chicken Roll** £6.50  
Peppers, onion, tomato, coriander, black pepper, cumin and potato with salt and garlic,
- Mixed Cold Meze (2 people sharing) £18.00**  
Humus, cacik, vine leaves, feta cheese, spicy ezme, mixed olives, aubergine salad and saksuka.
- Mixed Hot Meze (2 people sharing) £22.00**  
Hallumi cheese, cheesy peppers, falafel, cheese roll, sucuk, muska boregi and calamari.

## Main Course

### Chargrills / Izgaralar

All main courses served with rice, cacik, spicy ezme and salad.

#### **Ephesus Special - Three Courses £25.00 per person**

Hot or cold meze platter starter, followed by adana skewer, lamb cutlets, lamb skewer and chicken skewer. with dessert or coffee. (minimum of 2 people)

#### **Lamb On Skewer £15.90**

Marinated lamb pieces threaded onto a skewer and grilled.

#### **Chicken On Skewer £14.50**

Marinated pieces of chicken fillets threaded onto a skewer and grilled.

#### **Lamb Kofte £14.00**

Grilled seasoned lamb patties.

#### **Lamb Cutlets £15.90**

Grilled and seasoned.

#### **Adana Skewer £14.50**

Minced lamb with herbs, onions, parsley and a little chilli on a skewer, char grilled.

#### **Lamb Guvec £16.90**

Lamb with aubergines, courgettes, green peppers, onion, garlic and Turkish herbs.

#### **Special Mixed Grill £16.90**

Adana skewer, lamb cutlets, lamb skewer and chicken skewer.

#### **Lamb Meatballs £14.00**

Spicy lamb meat balls in a tomato sauce with Turkish herbs, carrots, aubergine, potatoes and peppers.

#### **Iskender Kebab £16.50**

A very popular Turkish dish. Slices of lamb, slice of bread, special butter, Iskender sauce with garlic, natural yoghurt, parsley and Turkish herbs.

#### **Chicken Sauté £14.95**

Spiced chicken roasted in sauce with herbs, peppers and mushrooms.

#### **Chicken Marmaris £15.00**

Chicken breast cooked with a mushroom, grain mustard, garlic and cream sauce, served with fries.

#### **Chicken Bodrum £15.90**

Chicken breast and prawns cooked with a mushroom, grain mustard, garlic and cream sauce served with fries.

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| <b>Lamb Sauté</b>   | <b>£16.50</b> |
| Spiced lamb pieces roasted in a sauce with onions, peppers, coriander and spinach.  |               |
| <b>Chicken Anatolia</b>   | <b>£15.50</b> |
| Pan fried chicken with special tomato sauce, herbs, garlic and fresh spinach.   |               |
| <b>Lamb Moussaka</b>  | <b>£14.00</b> |
| Layers of aubergines, courgettes, potatoes and minced lamb, topped with a creamy béchamel cheese sauce.                       |               |
| <b>Karniyarik</b>   | <b>£14.00</b> |
| Very famous Turkish dish of aubergines stuffed with minced lamb in a tomato and garlic sauce. A special oven baked dish.      |               |
| <b>Vegetarian Kebab (V)</b>   | <b>£14.00</b> |
| Aubergine, courgette, peppers, onions and mushrooms, cooked on the grill and served with warm tomato sauce.                   |               |
| <b>Lamb Kavurma (Turkish Style Fajitas)</b>   | <b>£15.50</b> |
| Marinated lamb with onions, mushrooms and fresh garlic, served with salad, cacik, mozzarella cheese and tortillas.            |               |
| <b>Chicken Kavurma (Turkish Style Fajitas)</b>  | <b>£14.50</b> |
| Marinated chicken with onions, mushrooms and fresh garlic, served with salad, cacik, mozzarella cheese and tortilla.          |               |
| <b>Mixed Kavurma (Turkish Style Fajitas)</b>  | <b>£15.90</b> |
| Marinated chicken and lamb with onions, mushrooms and fresh garlic, served with salad, cacik, mozzarella cheese and tortilla. |               |

## *Steak*

*All steaks are served with salad and chips*

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| <b>Steak Ephesus (T Bone)</b> | <b>£17.95</b> |
| <b>Sirloin Steak</b>          | <b>£17.50</b> |
| <b>Epepus Sauce</b>           | <b>£1.00</b>  |
| <b>Diane Sauce</b>            | <b>£1.00</b>  |
| <b>Peppercorn Sauce</b>       | <b>£1.00</b>  |

## *Fish Dishes*

**Salmon on Grill** **£16.00**

Served with salad and fries.

**Salmon Istanbul** **£16.50**

Salmon cooked with prawns in a mushroom, grain mustard, garlic and cream sauce served with fries.

**Sea Bass** **£16.00**

Marinated in black pepper, cumin and oregano.  
Served with salad and fries.

**Swordfish on Grill** **£16.50**

Marinated in black pepper, cumin and oregano.  
Served with salad and fries

**Fish Platter.** **£18.95**

Selection of grilled Sea Bass, Salmon and Swordfish served with salad and fries.

**Karides (King Prawns)** **£16.50**

King prawns with green peppers, onions, fresh garlic, Turkish herbs and mozzarella cheese.

**Mixed Selection of Seafood** **£16.95**

A mixed selection of fish with Turkish herbs and spices.  
Served with fresh crusty bread.

## *Turkish Makrna (Pasta Dishes)*

**Turkish Style Spaghetti** **£12.90**

Beef mince with black pepper, mushrooms, Turkish peppers, cherry tomatoes, basil sauce, Turkish herbs and garlic.

**Vegetarian Spaghetti (V)** **£12.90**

Fried aubergines, courgettes, mushrooms and home made tomato sauce.

**Penne Pasta** **£13.50**

Chicken, mushrooms, garlic, onions, red peppers with a choice of cream or tomato sauce.

**Tagliatelle Seafood Pasta** **£15.50**

Mixed selection of seafood including calamari, king prawns, mussels, salmon with garlic, basil and white wine sauce.

## *Homemade Stone Baked Oven Pizzas*

(11inch Thin Base)

<b>Garlic Bread with Cheese</b>	<b>£6.95</b>
<b>Garlic Bread with Tomato</b>	<b>£6.50</b>
<b>Margherita</b>	<b>£10.95</b>
<b>Spicy Chicken</b> Chicken, Turkish green peppers, mushrooms, garlic and chilli flakes.	<b>£12.95</b>
<b>Pepperoni</b> Beef pepperoni, Turkish green peppers, mozzarella cheese, olives and onion.	<b>£12.95</b>
<b>Vegetarian (V)</b> Seasonal vegetables with hallumi cheese, feta cheese and mozzarella cheese.	<b>£12.95</b>
<b>Ham</b> Turkey ham, mozzarella cheese and tomato.	<b>£12.95</b>
<b>Hawaiian</b> Turkey ham, pineapple, mozzarella cheese and tomato.	<b>£12.95</b>
<b>Ephesus Special</b> Spinich, feta cheese and spicey mince.	<b>£12.95</b>
<b>Tuna</b> Tuna, prawns, garlic, special herbs and mozerala cheese.	<b>£12.95</b>
<b>Calzone Meat Feast</b> Folded over chicken and minced lamb with mozzarella cheese and tomato sauce.	<b>£13.90</b>

## *Pide*

<b>Minced Pide</b> Marinated minced lamb, onions, tomatos, peppers, parsley and Turkish herbs.	<b>£13.50</b>
<b>Sucuklu Pide</b> Sucuklu, free range eggs, cheddar cheese, Feta cheese and mozzarella cheese.	<b>£13.50</b>
<b>Kusbasi Pide</b> Marinated lamb, finely chopped onions, peppers, parsley and tomato.	<b>£14.90</b>
<b>Vegetarian Pide (V)</b> Spinach, onion, fresh tomato, mushrooms, peppers and feta cheese.	<b>£13.50</b>

## *Vegetarian Options*

### **Roasted Vegetables** **£14.00**

Roasted vegetables with spicy garlic yoghurt sauce.  
Served with cacik, bulgar rice and salad.

### **Vegetable Saute** **£14.00**

Mediterranean tomato based fresh vegetable stew  
with a touch of spice.

### **Vegetarian Fajita** **£14.00**

Marinated meditarannean vegetables and fresh garlic.  
Served with cacik, salad, mozzarella cheese and tortillas  
for you to wrap your own.

## *Side Orders*

**Rice** **£3.50**

**Chips** **£3.50**

**Salad** **£3.50**

**Portion of Bread** **£2.00**

## *Childrens Meals*

**All Childrens Meals** **£7.00**

**Margarita Pizza** Cheese and tomato

**Pepperoni Pizza** Cheese and pepperoni

**Chicken Pizza** Cheese and marinated chicken

**Lamb Moussaka**

**Lamb Meatballs**

**Pasta dishes are also available.**